



BETTER LIVING FOR SENIORS MONTHLY MEETING

September 17, 2014

Board Members Present:

Cindy Clouse

Liz Craven

Britni Hall

Cari Herrington

Kim Hooten

Tamara Rowland

Dorene Royal

Greg West

MEETING LOCATION:

- Our location and breakfast was hosted at Grace Manor Suites located at N. 4620 Socrum Loop Road, Lakeland.

MEETING CALLED TO ORDER:

- The meeting was called to order by Cindy Clouse, President at 9:15 a.m.

APPROVAL OF MINUTES

- A motion was made that the minutes from the August 2014 Meeting, now posted on the website at www.blfspolk.com, be approved. The motion was seconded, a vote taken and the minutes were approved unanimously with no changes.

TREASURER'S REPORT

- Total income for August 2014 was \$614.72.
- Total expenses for August 2014 was \$770.61.
- YTD net income total \$6,453.72.
- YTD expenses total \$4,404.88.
- Account Balances \$15,467.50.
- A motion was made that the treasurer's report be approved. The motion was seconded, a vote taken and the minutes were approved unanimously with no changes.

COMMITTEE REPORTS:

- **Marketing:** Britni Hall announced that BLFS would be participating at the 'Healthy Brain-Healthy You' event that will be held at Winter Haven Hospital Center for Behavior Health on Saturday, October 18, 2014.
- **Membership Update:** There are 208 active members, Kim Hooten encouraged members to keep their information updated on the website.
- **Better Season for Seniors:** Tamara Rowland introduced the program (collecting gifts for seniors who have no family and may not otherwise get a Christmas present) and said that more information will be coming next month after the committee meeting.

- **Education Committee:** Temi Charier has stepped in as chair of the Education Committee; she encouraged members to schedule the committee for a presentation.

SPEAKERS AND LOCATIONS:

- Dr. Daniel Haight will be speaking on the topic of Fall Prevention at the October meeting held at Lake Howard Heights, located at 650 N. Lake Howard Drive, Winter Haven, Florida.
- The Church of the Nazarene, 4777 Lakeland Highlands Road, Lakeland, Florida is the November location with Comfort Keepers and Good Shepherd Hospice and as the sponsors/speakers.

GUESTS AND MEMBER INTRODUCTION

- Members and guests introduced themselves and gave a short explanation of their services, agencies, businesses and upcoming events.

HOST

- Britni Hall, Family Advisor for Grace Manor Suites of Lakeland, gave a welcome and introduced the facility. Lori Girard, Director, gave a welcome and offered a tour of the new addition. Thank you for providing a delicious breakfast.

GUEST SPEAKER

- Shani Jefferson, Director of the USF Health Byrd Alzheimer's Institute, gave the presentation. They conduct laboratory research, clinical drug trials, provide patient care, support caregivers, and provide education and training for healthcare professionals.

Adjournment

- A motion to adjourn was made; it was seconded. A vote was taken and the motion was carried unanimously.

Respectfully submitted by Dorene Royal, Secretary, on September 17, 2014.