



## **BETTER LIVING FOR SENIORS MONTHLY MEETING**

March 17, 2013

### **Board Members Present:**

Cindy Clouse  
Randy Brock  
Greg West  
Dorene Yates

### **MEETING LOCATION:**

- Our location and breakfast was hosted at Astoria Health and Rehabilitation Facility/Bellatage Assisted Living Facility, located at 701 Overlook Drive, SE, Winter Haven.

### **MEETING CALLED TO ORDER:**

- The meeting was called to order by Cindy Clouse, President at 9:10 a.m.

### **APPROVAL OF MINUTES**

- A motion was made that the minutes from the February 2013 Meeting, now posted on the website at [www.blfspolk.com](http://www.blfspolk.com), be approved. The motion was seconded, a vote taken and the minutes were approved unanimously with no changes.

### **TREASURER'S REPORT**

- The Treasurer's Report was presented by Randy Brock. BLFS Polk currently has \$10,954.00 in the bank, with a \$2,032.52 positive cash flow.

### **MEMBERSHIP REPORT**

- BLFS is currently maintaining their numbers. Please renew as soon as you get your notice. We have 179 current active members and 22 inactive. Members can contact Randy Brock at [blfspolk@gmail.com](mailto:blfspolk@gmail.com) and he will send renewal instructions.

### **COMMITTEE REPORTS AND BOARD UPDATES:**

#### **Education Committee:**

- Next month the Education Committee will be presenting their new program titled "Exposed" which dispels myths with regard to legal planning, health planning, facility and financial planning. If members want to be a part of the education committee, they can contact Ashley Vogle, Chair of the Education Committee.

### **Outreach Committee:**

- The BLFS web site is getting 1,500 hits per month which shows it is being utilized.
- Cindy read a message from Jan Smith who wrote a thank-you letter for BLFS participating in the Cribbage Games at the Polk County 21<sup>st</sup> Annual Senior Games.

### **Speakers and Locations:**

- The April 2013 meeting will be at Highlands Lake Center, located at 4240 Lakeland Highlands Road, Lakeland, FL 33813.

### **Social Media:**

- Dorene Yates asked that people look for the Face Book page and tag themselves as well as like the page. This will link members to our page and draw attention to the web site.

### **GUESTS AND MEMBER INTRODUCTION**

- Cecile Morgrage took the names of guests at the door and introduced them, giving them an opportunity to share their area of business with BLFS.
- Members introduced themselves and gave a short explanation of their agencies and businesses and upcoming events.
- Greg West introduced Home Instead Senior Care's Open House event where participants who contribute \$50.00 for "Polk County's Most Wanted" benefiting "The Walk to End Alzheimer's" can pick a person to be "Wanted" and they will receive a pie in the face.

### **HOST**

- Cheri Harmon, Administrator of the Astoria Health and Rehabilitation Facility/Bellatage Assisted Living Facility, gave a welcome, explained the facility amenities and offered a tour afterwards. Thank you for the wonderful breakfast!

### **GUEST SPEAKER**

- Ginny Wolfe of Cornerstone Hospice presented "Hospice 101," beginning with her personal experience of her mother-in-law receiving Hospice Care at the end-stage of her life. She explained the history, mission of Hospice as well as the qualifications. Hospice helps people live their life as fully as they can, explaining that anyone can make a referral for their services.

### **Adjournment**

- A motion to adjourn was made; it was seconded. A vote was taken and the motion was carried unanimously.

*Respectfully submitted by Dorene Yates, Secretary, on March 17, 2013.*