

what matters.®

QUICK GUIDE TO POLK COMMUNITY RESOURCES

This guide is a list of most frequently requested community resources and services. **Programs funded by United Way** are listed in bold. If you would like information about these programs, or you need a referral to a program to meet your need, **Dial 2-1-1** or 863.648.1515; 1.800.881.UWAY (8929); TTY 863.648.1545.

ABUSE: CHILD & ADULT

Abuse Hotline..... 800-962-2873
Guardian Ad Litem Program..... 534-4605
Gulf Coast Community Care..... 904-3000
Peace River Center Domestic Violence Shelter
-Women, Men & Families..... 413-2700

ADOPTION

Catholic Charities-Lakeland.....686-7153
Winter Haven.....299-7983
Children's Home Society.....519-3906
Devereux.....298-4400
Florida Baptist Children's Home.....688-4981
Florida Adoption Info Ctr.....800-96-ADOPT

AIDS AWARENESS

Nat'l STD & AIDS Hotline.....800-342-AIDS
Spanish.....800-545-SIDA
Nat'l Prevention Info Network.....800-458-5231
TDD.....800-243-7012
Patient Care Services.....519-8233
Polk County Health Department.....413-2620

ALCOHOL/DRUG ABUSE

ACTS.....428-1520
Alcoholics Anonymous.....687-9275
Al-Anon.....687-3800
Toll Free.....866-539-3030
Central Florida Human Services.....682-8111
Drug Helpline.....800-662-HELP
Drug Prevention Resource Center.....802-0777
Mothers Against Methamphetamine.....519-0000
Narcotics Anonymous Helpline.....683-0630
New Life Ministry.....682-7842
PRIDE Partnership of Polk County.....294-1853
Talbot House Ministries.....687-8475
Teen Challenge.....647-1944
Tri-County Human Services.....709-9392

CONSUMER ASSISTANCE

Consumer Services (State).....800-435-7352
Spectrum Resource & Development.....967-0660

CRISIS INTERVENTION

Behavioral Health Division
- Access Line.....800-723-3248
Peace River Mental Health Crisis.....519-3744
Rape Crisis.....413-2707
Tri-County Human Services.....709-9392

CHILD CARE

LifePath Solutions.....292-3200
Head Start.....619-2609

Arbor F&T Early Learning
Lakeland.....577-2450

COUNSELING & MENTAL HEALTH

Anchor House Ministries (Boys).....665-1916
Fla. Division of Blind Services.....499-2385
Catholic Charities-Lakeland.....686-7153
Catholic Charities-Winter Haven.....299-7983
Children's Home Society.....519-3906
Disabled American Veterans.....687-4885
Epilepsy Services of West Central FL.....686-5880
Fl. Diagnostic and Learning Resource.....534-0950
Florida Sheriff's Youth Villa.....533-0371
Frostproof Care Center.....863-635-5555
Help of Fort Meade.....285-6600
Innovations in Counseling.....294-8845
Lake Wales Care Center.....863-676-6678
Lake Wales Drug Awareness Cncl.....863-676-1949
National Alliance for the Mentally Ill.....616-9642
Neighborhood Service Center.....294-5860
Peace River Center
Lakeland.....248-3300
Bartow.....519-3750
Polk County Veterans Services.....534-5220
Women's Resource Center
Winter Haven.....294-5318
Salvation Army - Lakeland.....682-8179
Tri-County Human Services.....709-9392
Winter Haven Hospital Behavioral
Health Division.....294-7062
Youth & Family Alternatives.....499-2430

DENTAL CLINICS

Polk County Health Department Dental Clinics
Auburndale.....965-6333
Lakeland.....413-2636

DISABILITY SERVICES

Achievement Academy, Inc.....683-6504
Agency for Persons with Disabilities.....413-3360
Arthritis Foundation.....800-283-7800
Center for Independent Living.....413-2722
Central Florida Speech & Hearing.....686-3189
Central Fl. Deaf Services.....688-9394
TDD 688-9394
Child Find.....534-0946
CMS/USF Infant & Toddler Program.....701-1233
Deaf Service Center of Polk County.....701-0544
Easter Seals Camp Challenge.....352-383-4711
Epilepsy Services of West Central FL.....686-5880
Florida Diagnostic & Learning Resource.....534-0950
Fla. Div. of Blind Services.....499-2385
Florida Relay Service (Voice).....800-955-8770
TTY.....800-955-8771

Fla. School for the Deaf & Blind.....800-344-3732
Goodwill Industries.....701-1351
Gulf Coast Community Care.....904-3000
Alliance for Independence.....665-3846
Polk County School Board.
- Exceptional Student Ed.....534-0930
Polk County Special Olympics.....534-0955
Polk Training Center.....956-1620
Sunrise Community.....680-2817
Tampa Lighthouse for the Blind/Polk.....299-3633

DISASTER/EMERGENCY

Citizens' Information Line.....534-0321
FEMA.....1-800-621-3362
Special Needs Shelter Registration/Info.....534-5600

EDUCATION RESOURCES

Fl. Diagnostic and Learning Resource.....534-0950
Learning Resource Center.....688-9477

EMERGENCY SHELTER - YOUTH

George Harris Youth Shelter.....595-0220

EMPLOYMENT & JOB TRAINING

Goodwill Industries/Suncoast Inc.....701-1351
Experience Works (Seniors).....967-9631
Displaced Homemakers Program 683-5627,ext.116
Polk Works - One Stop Centers
Winter Haven.....508-1100
Lakeland.....683-5627
Tpa. Lighthouse for the Blind-Polk.....299-3633
Veterans' Services.....683-5627x140
Vocational Rehabilitation - Lkld.....680-5534
- Wtr. Haven.....291-5280

FAMILY & PARENTING RESOURCES

Family Fundamentals.....686-1221
Head Start.....533-0015

FINANCIAL SUBSIDY COUNSELING

PROGRAMS

Dept. of Children & Families-Access Florida
(AFDC, FS, Medicaid).....866-762-2237
Social Security Administration.....800-772-1213
Lakeland.....683-0611
Worker's Compensation.....800-342-1741

FOOD, MEDICINE, FINANCIAL AID

Auburndale Relief Association.....967-9711
Catholic Charities - Lakeland.....686-1651
Winter Haven.....299-7983

United Way ★

2-1-1™

Get Connected. Get Answers.

863-648-1515

1-800-881-2401



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of Central Florida

**FOOD, CLOTHING, MEDICINE, FINANCIAL
AID- continued**

Church Service Center533-5822
Dept of Children & Families – Access Florida
(WAGFS, Food Stamps, Medicaid) .. 866-762-2237
Family Emer. Service Ctr. of WH294-1939
Frostproof Care Center..... 863-635-5555
Help of Fort Meade..... 285-6600
H.O.P.E. Center.....683-8182
Lake Wales Care Center.....863-676-6678
Lighthouse Ministries687-3705
Mulberry Community Service Center...425-1523
Polk Co. Social Services.....534-5387
Salvation Army – Lakeland682-8179
 Winter Haven.....291-5107
 Haines City.....422-9640
SHARE Program..... 800-536-3379
Talbot House Ministries..... 687-8475
WIC (Women, Infants & Children)
 519-7542/519-7543
The Outreach Center.....665-7700

HEALTH SERVICES & EDUCATION

American Cancer Society - Lakeland..688-2326
 Winter Haven.....294-0661
American Heart Association.....686-8421
Amer. Red Cross, Polk Co. Chpt.294-5941
Animal Services.....499-2600
Central Florida Speech & Hearing.....686-3189
Achievement Academy, Inc.....683-6504
Children's Medical Services.....800-741-2250
Citizen CPR.....680-1277
Epilepsy Services of West Central FL..686-5880
Florida Kid Care (Health Insurance)..888-352-5437
 Bartow.....534-5313
Learning Resource Center688-9477
March of Dimes.....687-8909
National Kidney Foundation.....800-927-9659
Polk County Health Department Clinics
 Auburndale.....965-5400
 Bartow.....519-7916
 Haines City.....863-421-3204
 Lakeland.....413-2620
 Lake Wales.....863-678-4144
Polk County Health Plan533-1111
Talbot House Ministries.....687-8475

HOMELESS SERVICES

Hunger Hotline.....800-329-3663
Lighthouse Ministries687-3705
Salvation Army – Lakeland682-8179
 Winter Haven.....291-5107
Talbot House Ministries687-8475

**HOME HEALTH & HOMEMAKER
SERVICES**

Amedisys Home Health Care297-1871
Good Shepherd Hospice.....297-1880
Cornerstone Hospice.....421-1482
Polk County Elderly Services.....534-5320
Volunteers in Service to the Elderly....284-0828

HOUSING: LOW INCOME LOANS;

AFFORDABLE CONSTRUCTION

Habitat for Humanity – Lakeland688-4660
Habitat for Humanity - East Polk.....292-2256
Keystone Challenge (Loans)682-1025
USDA, Rural Development420-4833

HOUSING - EMERGENCY

Lighthouse Ministries (Men).....687-3705
Salvation Army – Lakeland682-8179
 Winter Haven.....291-5109
Talbot House Ministries.....687-8475
Women's Care Ctr (Women&Children).....534-3844

HOUSING ASSISTANCE

Housing Authority
 Bartow533-6311
 Haines City.....863-421-3680
 Lake Wales.....863-676-7414
 Lakeland.....687-2911
 Winter Haven.....294-7369
Section 8 Housing.....534-5240
HUD.....813-228-2501

HOUSING REHABILITATION

City of Lakeland - Housing Division834-3360
Housing & Neighborhood Developmt.....534-5240
Lake Wales Care Center.....863-676-6678
USDA, Rural Development420-4833
Wntr Haven Community Development...291-5895

HOUSING TRANSITIONAL

Lake Wales Care Center (Families)...863-676-6678
Salvation Army-Lakeland682-8179
Talbot House Ministries.....687-8475
Tri-County Human Services.....701-7373
Women's Care Center
 (Women & Children)534-3844

LEGAL SERVICES

Dept. of Revenue (Child Support)..... 800-622-5437
Florida Rural Legal Services (Civil).....688-7376
Heart of Florida Legal Aid Society
 (Divorce)519-5663

MIGRANT SERVICES

Agricultural & Labor Program (ALPD) 956-3491
 Toll Free800-330-3491
Immigration Services.....800-375-5283
Migrant Education534-0655
Social Security Administration.....800-772-1213

PARENT EDUCATION & SUPPORT

Family Fundamentals.....686-1221
Health Dept. (Healthy Start).....413-2620

PERSONAL DEVELOPMENT

American Red Cross-Polk294-5941

Big Brothers/Big Sisters.....682-5191
Boys & Girls Clubs of Lakeland.....686-1719
Camp Fire USA Sunshine Council688-5491
Citrus Center Boys & Girls Club.....967-1532
Family Service School.....499-2834
Girls Incorporated - Lakeland.....682-3002
 Winter Haven.....967-2864
Gulf Ridge Council, Boy Scouts.....888-533-2775
Heart of Florida Girl Scout Council.....688-7648
Learning Resource Center688-9477
Displaced Homemakers Pgm.683-5627, ext. 104
Parks and Recreation Dept534-4341
Women's Resource Center
 Lakeland683-5627 x. 107
 Winter Haven294-5318
YMCA – Lakeland.....644-3528
 Lake Wales863-676-9441

PRESCRIPTION PROGRAMS

Freemedicinerevolution.com
Needymeds.com
Pparx.org
TogetherRxaccess.com

SENIOR CITIZENS SERVICES

Alzheimer's Information Line.....292-9210
American Assoc. of Retired Persons.....666-1908
Catholic Charities
 Lakeland686-7153
 Winter Haven299-7983
Dept. of Children & Families619-4100
Faith in Action682-7249
Lake Morton Senior Center.....687-2988
Neighborhood Service Center.....294-5860
Polk County Elderly Services.....534-5320
Seniors vs. Crime.....413-3000
Volunteers in Service to the Elderly...284-0828
West Central FL Agency on Aging...800-336-2226
West Central Florida YMCA.....644-3528

TRANSPORTATION

Citrus Connection688-7433
Division of Motor Vehicles.....499-2323
Tag Agency-Bartow534-4711
Tag Agency-Lakeland499-2351
Handy Bus688-5438
Polk County Transp. System.....534-5360 Ext. 4

VOLUNTEERING

Campfire USA Sunshine Council688-5491
Dept. of Children & Families.....619-4100
Guardian-ad-Litem534-4605
Lifepath Solutions.....292-3200
Polk County Elderly Services.....534-5320
Retired Senior Volunteer Program (RSVP)
 534-6729
Service Corps of Retired Executives.....619-5783
Volunteers Improving Polk....534-6030 Ext. 6089
Volunteers in Service to the Elderly....284-0828

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FIND HELP FAST

INFORMATION & REFERRAL

863.648.1515

Toll Free 800.881.UWAY (8929)

TDD 648.1515

www.uwcf.org

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