



## **BETTER LIVING FOR SENIORS MONTHLY MEETING**

August 20, 2019

### **Board Members Present:**

Tasha Saca- President  
Jaydee Hackney – Vice President  
Michelle Shiver – Secretary  
Jaya Koovackal - Treasurer  
Nicole Ramer - Venues and Speakers  
Liz White – Membership

Danny Gonzalez –  
Sponsorships/Directory  
Rachel Carmack –  
Communications/Social Media  
Kari Gomez – Special Projects

### **MEETING LOCATION AND SPONSOR:**

- First Presbyterian Church, 175 Lake Hollingsworth Dr., Lakeland, FL 33801
- Browning Moving and Storage for breakfast.

### **MEETING CALLED TO ORDER:**

- The meeting was called to order by Tasha Saca, President at 9:20 am

### **APPROVAL OF MINUTES**

- A motion was made to approve the June 2019 Monthly meeting as posted on the website by Liz White and seconded by Jaydee Hackney. **Approved.**

### **TREASURER'S REPORT**

- BLFS Treasurer Jaya Koovackal reported \$5664 on hand.

### **MEMBERSHIP REPORT**

BLFS Membership Director, Liz White, reported that there were 61 people in attendance.

### **EDUCATION COMMITTEE REPORT:**

- Education Committee will meet on the 1<sup>st</sup> Tuesday of each month at 8:30 am at Home Instead Senior Care, 810 E Main St. Lakeland. Contact Kari Gomez for more information.

- Empathy for Elders flyers are on the tables. Empathy for Elders simulates senior problems.
- First agency to book and hold an Empathy for Elders training by the end of October will receive a \$25 gift card.

## **SPONSORS**

- We are now accepting 2020 Sponsorships, which will now include BLFS membership.
- Directory Submissions are due October 16, 2019 for inclusion in the 2020 Directory.

## **OTHER BUSINESS**

Money raised in the 50/50 raffle at the July Summer Social was donated to Age Friendly Lakeland.

## **GUEST SPEAKER**

First Presbyterian Church, Kenny Ellis

- Ministries of the Church including: Older Adult, Bag Ladies (suitcases for foster children), Pedal Power (bicycles for those needing transportation).

## **EVENTS:**

- We will no longer share events during the meeting. Bring flyers to distribute.

Please send event information to [events@polkeldercare.com](mailto:events@polkeldercare.com)

Events calendar: <https://polkeldercare.com/events/>

## **INTRODUCTIONS:**

- Members introduced themselves and their organization.
- New members were recognized

## **SPEAKERS AND LOCATIONS:**

- September's Monthly Meeting will be held on Wednesday, September 18, 2019  
The Gardens of Lake Alfred  
255 E Main St.  
Lake Alfred, FL 33850

Registration/Breakfast at 8:30, Meeting at 9 am.

## **ADJOURNMENT**

- Meeting adjourned at 10:28 a.m.
- *Respectfully submitted by Michelle Shiver, Secretary, on September 12, 2019.*