



## **BETTER LIVING FOR SENIORS MONTHLY MEETING**

February 19, 2020

### **Board Members Present:**

- Nicole Ramer - President
- Jaydee Hackney – Vice President
- Michelle Shiver – Secretary
- Jaya Koovackal - Treasurer
- Tasha Saca – Communications (past president)
- Rachel Carmack - Venues and Speakers
- Liz White – Membership - *Absent*
- Danny Gonzalez – Sponsorships/Directory
- Kari Gomez – Committees

### **MEETING LOCATION AND SPONSOR:**

Thank you to this month's sponsor: Opis Highlands Lake Center, 4240 Lakeland Highlands Road, Lakeland, FL 33813

### **MEETING CALLED TO ORDER:**

- The meeting was called to order by Nicole Ramer, President at 9:15 am

### **SOCIAL MEDIA**

- Please check in on Facebook, Like BLFS Polk, and give us a rating.

### **MEETING MINUTES**

- A motion was made to approve the January 2020 Monthly meeting as posted on the website by Jaydee Hackney and seconded by Sharmalee Jones . **Approved.**
- No Monthly membership meeting in December - Holiday Social

### **PRESENTATION**

Kari Gomez, Home Instead Senior Services – “Brought to you by the Letter H – Hydration”

### **TREASURER'S REPORT**

- BLFS Treasurer Jaya Koovackal reported \$11,559.47 on hand.
- Maintenance – PO Box, storage

## **EDUCATION COMMITTEE:**

- Education Committee chair, Kari Gomez announced that additional members are needed for the Education Committee.
- Meetings are the 1<sup>st</sup> Tuesday of the month at 9 am at Home Instead Senior Services
- Seeking venues for presentations. Anyone interested in having a customized presentation or know of a group who would be interested should contact Kari at Home Instead.

## **MEMBERSHIP REPORT**

- No Report

## **SPONSORS**

- On each table is a sponsorship card listing the benefits for each level of sponsorship.
- Gold Sponsors introduce their organization.
  - Jaya Koovackal representing Polk Eldercare Guide.
  - Carol Hornsby representing Comfort Keepers.
- There are 8 Outstanding Unpaid members – please see Jaya.

## **NEW ITEMS**

- Business Cards
  - Leave your business card in the basket each month to be eligible for a drawing at the end of the meeting.
  - The winner will receive a Facebook spotlight on the BLFS Facebook page.

## **EVENTS:**

- We will no longer share events during the meeting. Send flyers in advance to be included in the slides and/or bring flyers to distribute.

Please send event information to [events@polkeldercare.com](mailto:events@polkeldercare.com)

Events calendar: <https://polkeldercare.com/events/>

- Teepa Snow returning to Lakeland, Highlands Park Church – more information from Senior Helpers.

## **INTRODUCTIONS:**

- Members introduced themselves and their organization.
- What do you love or would like to change?
  - Likes: networking, introductions, fruit bowl, bacon, keep going the way you are, breakfast, purpose of BLFS, friendly people, caring people, love
  - Needs: more volunteer speakers – see Rachel if you are interested.

**SPEAKERS AND LOCATIONS:** (Registration/Breakfast at 8:30 am, Meeting 9 – 10:30 am)

- March's Meeting Wednesday, March 18, 2020  
Gardens of Lake Alfred  
255 E Main St  
Lake Alfred, FL 33850

**ADJOURNMENT**

- Meeting adjourned at 10:17 a.m.

*Respectfully submitted by Michelle Shiver, Secretary, February 19, 2019.*