



BETTER LIVING FOR SENIORS MONTHLY MEETING

November 18, 2020

Board Members Present:

- Nicole Ramer - President
- Rachel Carmack - Venues and Speakers
- Donna Dinkins – Membership
- Danny Gonzalez – *Absent* Sponsorships/Directory
- Kari Gomez – Committees
- Jay Dee Hackney – Sergeant at Arms
- Jaya Koovackal - Treasurer
- Tasha Saca – Communications (past president)
- Michelle Shiver – Secretary

Meeting Location and Sponsor:

Due to Covid-19 this meeting was held via the Zoom application.

Call to Order:

- The meeting was called to order by Nicole Ramer, President at 9:01 am

Meeting Minutes

- A motion was made to approve the October 2020 Monthly meeting as shared on the BLFS Polk website by Jay Dee Hackney and seconded by Tasha Saca. **Approved.**

Sponsor Recognition

Thank you to our sponsors! Liz Craven from Eldercare Guide (Gold Sponsor) talked about her organization.

Presentation

Allison Bates – Age Friendly Lakeland

Allie provided background information on the organization and how it fits within the eight domains of livability defined by AARP & WHO. Looking for volunteers to serve on sub committees. Tag Age Friendly Lakeland in pictures and videos depicting age friendly scenes in Lakeland. Contact: allie@agefriendlylakeland.com

Treasurer's Report

BLFS Treasurer Jaya Koovackal reported:

- Balance on Hand: \$16,317.69
- Outgoing: \$ 834.92 (Storage Unit Rental; Zoom membership, Ligon for Website, Polk Senior Games sponsorship, refunds)

Education Committee

- No Report

Membership Report

- Reminder to check your website listing for contact information and logo
- Agency Introductions

Be a Santa to a Senior

- Kari Gomez of Home Instead Senior Care, Chair
- Last year we served 1,000 seniors. This year 500 are committed
- How you can help?
 - Adopt a senior – Trees are located in Bartow and Lakeland. For exact locations check Facebook: Be A Santa to A Senior – Lakeland – Polk County
 - Group of friends: adopt a few seniors
 - Business: adopt a few seniors
 - Drop items off at Home Instead. 810 E. Main St., Lakeland, FL through December 9th.

Events:

- Calendar is now live on BLFS, ElderCare Guide and Age Friendly Lakeland

Next Meeting

- December 9th – Drive Thru Breakfast at Home Instead – 810 E. Main St., Lakeland
- In place of White Elephant, bring a gift to donate to “Be a Santa to a Senior”
- BLFS General meeting will be held on December 16 via Zoom

Adjourned

- Meeting adjourned at 10:24 a.m.

Respectfully submitted by Michelle Shiver, Secretary, November 19, 2020.